

UNIV 100 Student Learning Outcomes

The four themes we have identified for UNIV 100 student learning outcomes are **Personal Development and Well-Being, Effective Communication and Teamwork, Diversity and Community, and Academic and Career Success Tools.**

As a result of participating in a first-year UNIV course, students will be able to:

Personal Development and Well-Being:

- Identify and explain how personal values, beliefs, and strengths shape one's worldview
- Develop problem-solving skills and identify campus resources to resolve challenges during one's experience at Mason

Effective Communication and Teamwork:

- Apply strategies to work within groups effectively
- Demonstrate conflict management strategies
- Express opinions and ideas in writing, verbally, and visually within a diverse community

Diversity and Community:

- Demonstrate awareness and understanding of perspectives and backgrounds that are different from one's own
- Construct one's sense of belonging at George Mason University

Academic and Career Success Tools:

- Explore personal, academic, and career goals and integrate them with co-curricular and career readiness opportunities
- Adapt and apply appropriate academic strategies to learning experiences
- Apply relevant academic policies, processes, and resources related to academic success and timely attainment of degree requirements